



Nutrition: Prescribe today, Prevent tomorrow
**South Asian Parenteral and Enteral Nutrition
Congress (SAPEN-CON 2026)**

Organized by the South Asian Association of Parenteral and Enteral Nutrition

CALL FOR ABSTRACTS

The South Asian Association of Parenteral and Enteral Nutrition invites you to submit abstracts for the **South Asian Parenteral and Enteral Nutrition Congress (SAPEN-CON 2026)** under the theme of '*Nutrition: Prescribe today, Prevent tomorrow*'

Key Dates:

- Submissions open** : 3rd August 2026
- Submissions close** : 31st August 2026 (23.59 GMT Time)
- Outcome notification** : 5th – 9th October 2026
- Camera ready submission** : 12th October 2026
- Abstract presentation** : Week starting from 2nd November 2026

ABSTRACT GUIDELINES

1. All the abstracts must be submitted via the SAPEN-CON 2026 online abstract submission system (*step-by-step submission guide is given below*).
2. Link for online abstract submission:
<https://easychair.org/conferences/?conf=sapencon2026>
3. SAPEN-CON 2026 accepts abstracts written in English.
4. One author will be permitted to submit a MAXIMUM of three (03) abstracts ONLY.
5. Multiple abstracts by one author should be submitted separately, through SAPEN-CON 2026 online abstract submission system.
6. All human and animal research must have ethics/institutional approval, and clinical trials must be registered with a Clinical Trials Registry. Authors should provide ethics approval documentation and trial registration details upon request.
7. Plagiarism is considered as a serious professional misconduct. When identified, all the abstracts submitted by the same author will be rejected.
8. NO amendments to the submitted abstracts (including the list of authors) will be allowed after the submission.
9. Abstracts not conforming to the SAPEN-CON 2026 abstract formatting and submission guidelines will be rejected.
10. Accepted abstracts will be published in the conference proceedings.
11. Any enquiries on abstract submission should be directed to the Editor through sapencongress2026@gmail.com
12. The presenting author is required to register when submitting the abstract. The payment slip has to be attached when submitting the abstract.
<https://members.sapenconnect.org/event-register/EVNT006>
13. Undergraduate presenters must submit **a letter from their university/ institution confirming their student status** at the time of registration.

14. SAPEN-CON 2026 accepts abstracts written on original research, case reports and clinical audits under following fields

Type: Original research (OR)/ case reports (CR)

Fields:

- Cancer
- Community nutrition
- Critical care
- Food technology
- Geriatrics
- Hepato-Biliary, Pancreas, and Gut related
- Kidney diseases
- Malnutrition screening and assessment
- Neurological diseases
- New Product development
- Obesity and metabolic syndrome
- Paediatric malnutrition
- Paediatric obesity
- Pulmonary and heart

Type: Clinical audits

- Structure audit (*evaluates the environment in which care is delivered; staff, facilities, equipment*)
- Process audit (*evaluates what healthcare professionals do in delivering care*)
- Outcome audit (*evaluates the results of healthcare on patient health and satisfaction*)

ABSTRACT FORMATTING AND SUBMISSION

It is mandatory to attach the abstract as a Microsoft Word (.docx) document to the online abstract submission system. The document should be,

- named using the **Title of the abstract**
- formatted according to the following guidelines

Formatting guidelines (Kindly use the abstract templates)

https://easychair.org/conferences/author_templates_view?a=37352754)

- **Paper size:** A4
- **Length:** Maximum one page
- **Margins:** 1 inch (2.54 cm) on all sides
- **Font:** Times New Roman
- **Font size:** 12 pt
- **Line spacing:** 1.5
- **Maximum word count:** 300 words (*excluding title, authors, affiliations, and keywords*)
- **Do not include:** Tables, graphs, figures, or references
- **Title:** Bold, centered, sentence case
- **Authors:** Centered; first name followed by last name (Eg; Kumara Fernando); underline the presenting author; use superscript numbers for affiliations; do not include titles (Dr., Prof., Mr., etc.) or qualifications
- **Affiliations:** Centered, italicized; include full institution name and location using corresponding superscript numbers.
- **Abstract body:** structured
 - *Original research/ clinical audits: Background and objectives, Methods, Results and Conclusions*)
 - *Case report: Background, Case presentation, Conclusion*
- **Keywords:** Maximum 3

Submission guidelines

- Create an EasyChair account (if you do not already have one)
- Open the conference's EasyChair submission link
<https://easychair.org/conferences/?conf=sapencon2026>
- Log in to your EasyChair account
- Click "New Submission".
- Fill the required information:
 - Address of the corresponding author
 - Author information
 - Enter the names, email addresses, country/region and affiliations of all authors (Please ensure that the names and affiliations are entered in the online submission system **exactly** as they appear in the abstract document)
 - Designate one author as the corresponding author (all communications regarding the abstract will be sent to the corresponding author)
 - Indicate the presenting author
 - Title and abstract
 - Keywords
 - Topics (*Select the type and field of the abstract*)
 - Presentation preference: Please indicate your preferred mode of abstract presentation (oral or poster) during submission. Please note that the final decision regarding the mode of presentation rests with the Organizing Committee.
 - Declare any conflicts of interests
 - Attach the following documents
 - The abstract: word file prepared according to the above guidelines
*name the file using the **title of the abstract***
 - Copy of payment slip of congress registration
*name the file as **Payement_name**; First name followed by last name (eg; Payement_Kumara Fernando)*
 - A letter from the University/ Institute confirming the studentship:
(*undergraduates only*)
*name the file as **ID_name**; First name followed by last name*

(eg; *ID_Kumara Fernando*)

- Once you have verified that all the information is accurate and complete, click "Submit" to finalize your submission.

POST SUBMISSION PROCEDURE

- A panel of reviewers will review abstracts, and the decision of the Scientific Committee of the Congress will be final. Successful Corresponding authors will be notified via email between 5th - 9th October 2026.

AWARDS

Awards will be presented to a selected number of outstanding oral and poster presentations, based on the evaluations of the judging panel.